



Trout Lake Regional Rally

Safety Plan

September 26-27, 2026



27 YEARS
OF BUSTING KNUCKLES



Trout Lake Regional Rally 2026

Contents

Part A Organization Information.....	3
A-1 Organizing Club.....	3
A-2 Dates.....	3
A-3 Officials of the Event:.....	3
A-4 Communications:.....	4
A-5 Safety Requirements	4
Part B Stage Details.....	4
B-1 Stage Details	4
Stages 1, 4, 7	5
Stage 2, 5, 8.....	5
Stage 3, 6, 9.....	6
Stage 10, 11, 12.....	6
B-2 Stage Preparation Schematics	7
Stages 1, 4, 7	7
Stage 2, 5, 8.....	7
Stage 3, 6, 9.....	7
Stage 10, 11, 12.....	7
Part C Emergency Plan Details	8
C-1 Protocols for a participant incident/stage stoppage.....	8
C-2 An outline of event plans.....	8
Medical Services.....	8
Medical Services Transportation	8
Placement/Moving of Medical Services During Event.....	8
C-3 Procedure for serious incidents.....	8
Part D Maps.....	9
D-1 Trout Lake 2026.....	9
D-2 Stage Maps	10
Stages 1, 4, 7	10
Stage 2, 5, 8.....	11
Stage 3, 6, 9.....	11
Stage 10, 11, 12.....	12
Part E Other Event Documentation	12
Part F Protocols.....	12

Trout Lake Regional Rally 2026

Part A Organization Information

A-1 Organizing Club

Rally organized by Bluenose Autosport Club (BAC)

P.O. Box 2724 DEPS

Dartmouth, NS B2W 4R4

Rate Code R3 – One Day Regional

The Trout Lake Regional Rally 2026 will be held under the Rally General Competition Rules of the Canadian Association of Rallysport (CARS), the current CARS Rally Regulations, the Rally Regulations of the Atlantic Region, the current Bluenose Autosport Club (BAC) Rally Regulations, and these Supplementary Rules and Regulations. These documents are available from the following and will be available for scrutiny at the start.

CARS: Box 300, Turner Valley, AB, T0L 2A0 855-640-6444

ARMS: Regional Rally Director, Mal Swann atlantic@carsrally.ca

CARS Rules: <https://carsrally.ca/cars-info/rules/>

A-2 Dates

September 26-27, 2026

A-3 Officials of the Event:

Event Coordinator	Mel Smith	902-478-7988	Mel.smith@ns.sympatico.ca
Administrative Coordinator	Barb Coleman	902-476-9496	Blcoleman42@yahoo.ca
Clerk of Course	Barb Coleman	902-476-9496	clerkofcourse@bluenoseautosport.ca
Chief Control Marshall	Chris Moore		chiefmarshall@bluenoseautosport.ca
Volunteer Coordinator	Cathy Partridge		chiefmarshall@bluenoseautosport.ca
Steward	TBD by CARS		
Route Master	Mel Smith / James Partridge	902-478-7988	Mel.smith@ns.sympatico.ca
Scoring	Barb Coleman / Mark Grandmaison / RallyScoring.com	902-476-9496	Blcoleman42@yahoo.ca
Registrar	Sherry Holt		treasurer@bluenoseautosport.ca
Scrutineer	Kevin Partridge and Tom Woods	902-489-8917	scrutineer@bluenoseautosport.ca
Emergency Response	MRTS Kevin Joudrey	902-751-1552	kjodrey@shawbrick.ca
Chief Radio Marshal	Darrell Crooks		
Course Vehicles	Tom Wood and Tabatha Wood		
Chief of Security	Chris Moore		
Media Coordinator	Heidi Fennell		commsdirector@bluenoseautosport.ca

Trout Lake Regional Rally 2026

A-4 Communications:

Communication will take place via the 2m amateur radio frequencies. The talk in repeater is VE1HCA, 146.910 - We will use the VE1PAR repeater on the course (145.470 -) with a backup simplex frequency of 146.580Mhz. CB radios will also be issued when licensed operators are insufficient and will operate on channel 16. The Clerk of Course will have access to both forms of radio.

Net Control, will be at Headquarters. A very experienced operator will be working with the Clerk of Course.

There will be amateur radio operators at the start and finish of each stage, as well as an operator placed at traffic control points mid-stage for the longer stages. Radio operators will also accompany cars 0 and 99 during the event. The emergency response team/vehicle will also have a radio operator if possible.

There is virtually no cell phone coverage in the area, so they cannot be relied upon for any communications.

Should the 2m radio net fail, and cellular signal is unobtainable, a significant number of workers and vehicles are equipped with CB radio which will be powered at all times and tuned to channel 16.

A-5 Safety Requirements

All access points to the stages will be controlled by volunteers prior to the start of the event, and continuously until full completion. Course opening will confirm that all access controls are in position prior to stage start.

All event marshals and officials should wear CARS marshal vests when in stages/restricted areas at all times.

Photographers will be permitted to be in positions on the course designated by the stage captains as safe at their discretion. All photographers will register with the organizer prior to the event, and no unauthorized photographers will be permitted access to the stages.

Food Management for volunteer BBQ is overseen by Mal Swann.

Part B Stage Details

B-1 Stage Details

Three physical stage sections, ranging from 5k to 17k per stage, each run three times in one direction, then combined into a single 31 km stage to be run three times in the opposite direction.

The entire route lies within:

Latitude: 44° 47' 32" to 44° 57' 37" N

Longitude: 64° 53' 09" to 64° 40' 21" W

Altitude from 173 m to 243 m

Trout Lake Regional Rally 2026

Stages 1, 4, 7

Stage number(s)/Name(s)	1, 4, 7
Stage distance (start line to flying finish line)	17 km
Stage surface base (gravel/dirt, pavement and percentage if pavement)	Single lane varied surfaces, ranging from smooth gravel to packed soil
Stage history (number of years used, fastest average speed attained)	2 years
Name of Stage Captain/Commander	TBD
Name of Assistant Stage Captain/Commander	TBD
Road ownership	DNR property
Permission granted by (name of person responsible)	Cory Isner
Official Spectator Areas (<i>number and location</i>)	n/a
Unofficial Spectator Areas	n/a
Timing (start and finish)	2
Radio	4 (start, finish and 1 each at Alpha and Bravo)
Traffic Control (Security) at start, finish, interior	1 start 1 finish TC Blockers A, B Radio Alpha and Bravo
Spectator (Security)	n/a

Stage 2, 5, 8

Stage number(s)/Name(s)	2, 5, 8
Stage distance (start line to flying finish line)	7 km
Stage surface base (gravel/dirt, pavement and percentage if pavement)	Single lane varied surfaces, ranging from smooth gravel to packed soil
Stage history (number of years used, fastest average speed attained)	2 years
Name of Stage Captain/Commander	TBD
Name of Assistant Stage Captain/Commander	TBD
Road ownership	DNR property
Permission granted by (name of person responsible)	Cory Isner
Official Spectator Areas (<i>number and location</i>)	n/a
Unofficial Spectator Areas	n/a
Timing (start and finish)	2
Radio	2 (start, finish)
Traffic Control (Security) at start, finish, interior	1 start 1 finish TC Blocker C
Spectator (Security)	n/a

Trout Lake Regional Rally 2026

Stage 3, 6, 9

Stage number(s)/Name(s)	3, 6, 9
Stage distance (start line to flying finish line)	5 km
Stage surface base (gravel/dirt, pavement and percentage if pavement)	Single lane varied surfaces, ranging from smooth gravel to packed soil
Stage history (number of years used, fastest average speed attained)	2 years
Name of Stage Captain/Commander	TBD
Name of Assistant Stage Captain/Commander	TBD
Road ownership	DNR property
Permission granted by (name of person responsible)	Cory Isner
Official Spectator Areas (<i>number and location</i>)	n/a
Unofficial Spectator Areas	n/a
Timing (start and finish)	2
Radio	2 (start, finish)
Traffic Control (Security) at start, finish, interior	1 start 1 finish TC Chicane Blocker
Spectator (Security)	n/a

Stage 10, 11, 12

Stage number(s)/Name(s)	10, 11, 12
Stage distance (start line to flying finish line)	31 km
Stage surface base (gravel/dirt, pavement and percentage if pavement)	Single lane varied surfaces, ranging from smooth gravel to packed soil
Stage history (number of years used, fastest average speed attained)	2 years
Name of Stage Captain/Commander	TBD
Name of Assistant Stage Captain/Commander	TBD
Road ownership	DNR property
Permission granted by (name of person responsible)	Cory Isner
Official Spectator Areas (<i>number and location</i>)	n/a
Unofficial Spectator Areas	n/a
Timing (start and finish)	2
Radio	7 (start, finish and 1 each at Alpha, Bravo, Charlie, Delta, Echo)
Traffic Control (Security) at start, finish, interior	1 start 1 finish TC Blockers A through F, plus Chicane Blocker
Spectator (Security)	n/a

Trout Lake Regional Rally 2026

B-2 Stage Preparation Schematics

Spectators will not be permitted at this event. There are no official spectator areas, nor will course workers permit spectating. The event has not been advertised for spectating.

Stages 1, 4, 7

	Latitude	Longitude	Special Setup Instructions
Start Control	44 48 59 N	64 45 48 W	
Start Line	44 48 59 N	64 45 48 W	
Traffic Control A	44 44 45 N	64 48 12 W	
Radio Alpha	44 49 14 N	64 49 06 W	
Radio Bravo	44 52 01 N	64 50 11 W	
Traffic Control B	44 52 02 N	64 50 12 W	
Flying Finish	44 52 40 N	64 52 39 W	
Finish Control	44 52 40 N	64 52 40 W	

Stage 2, 5, 8

	Latitude	Longitude	Special Setup Instructions
Start Control	44 52 54 N	64 52 40 W	
Start Line	44 52 55 N	64 52 38 W	
Traffic Control C	44 52 31 N	64 52 38 W	
Flying Finish	44 55 14 N	64 48 40 W	
Finish Control	44 55 26 N	64 48 25 W	

Stage 3, 6, 9

	Latitude	Longitude	Special Setup Instructions
Start Control	44 56 12 N	64 47 23 W	
Start Line	44 56 12 N	64 47 23 W	
Traffic Control Chicane	44 56 15 N	64 47 15 W	
Flying Finish	44 56 45 N	64 44 25 W	
Finish Control	44 56 45 N	64 44 25 W	

Stage 10, 11, 12

	Latitude	Longitude	Special Setup Instructions
Start Control	44 56 45 N	64 44 25 W	
Start Line	44 56 45 N	64 44 25 W	
Traffic Control Chicane	44 56 15 N	64 47 15 W	
Radio Echo	44 56 45 N	64 44 25 W	
Radio Delta	44 55 26 N	64 48 25 W	
Radio Charlie	44 52 54 N	64 52 40 W	
Traffic Control C	44 52 31 N	64 52 38 W	
Traffic Control B	44 52 02 N	64 50 12 W	
Radio Bravo	44 52 01 N	64 50 11 W	
Radio Alpha	44 49 14 N	64 49 06 W	
Traffic Control A	44 44 45 N	64 48 12 W	
Flying Finish	44 48 59 N	64 45 48 W	
Finish Control	44 48 59 N	64 45 48 W	

Trout Lake Regional Rally 2026

Part C Emergency Plan Details

C-1 Protocols for a participant incident/stage stoppage

- The participant first on scene of an incident evaluates & assists the team that has stopped. The second participant is directed to make their way to the next radio point.
- Radio operator contacts HQ and Emergency Mobile Response
- Rally Organizer or Clerk of the Course makes the decision on course of action, up to and including stopping the event.
- HQ Radio operator informs Start/Finish radio operators of stoppage.
- Emergency Mobile Response makes the decision to call additional emergency services if required.

C-2 An outline of event plans

Medical Services

The nearest hospital is Soldiers Memorial Hospital, 462 Main Street, Middleton, NS, 902-825-3411. The Emergency Department at this location is operational from Tuesday to Friday, from 7:30 am to 1:30 pm. The next closest hospital is Valley Regional Hospital, 150 Exhibition Street, Kentville, NS, 902-678-7381. The Emergency Department at this location is operational 24/7.

Medical Services Transportation

In the event that transport of a patient is required, the mobile emergency response unit will coordinate with 911 to arrange ambulance service.

Placement/Moving of Medical Services During Event

Mobile emergency response will be located at a central point of the stages during the event. Two medical personnel with medical/fire/extraction vehicle will be on site. Medical team is experienced with rally/race cars and personal safety equipment. Rally teams will run at 2 min intervals during the event and will act as first responder for any incidents occurring on stage. The sweep vehicle will follow the last rally car and ensure competitors are safely off stage.

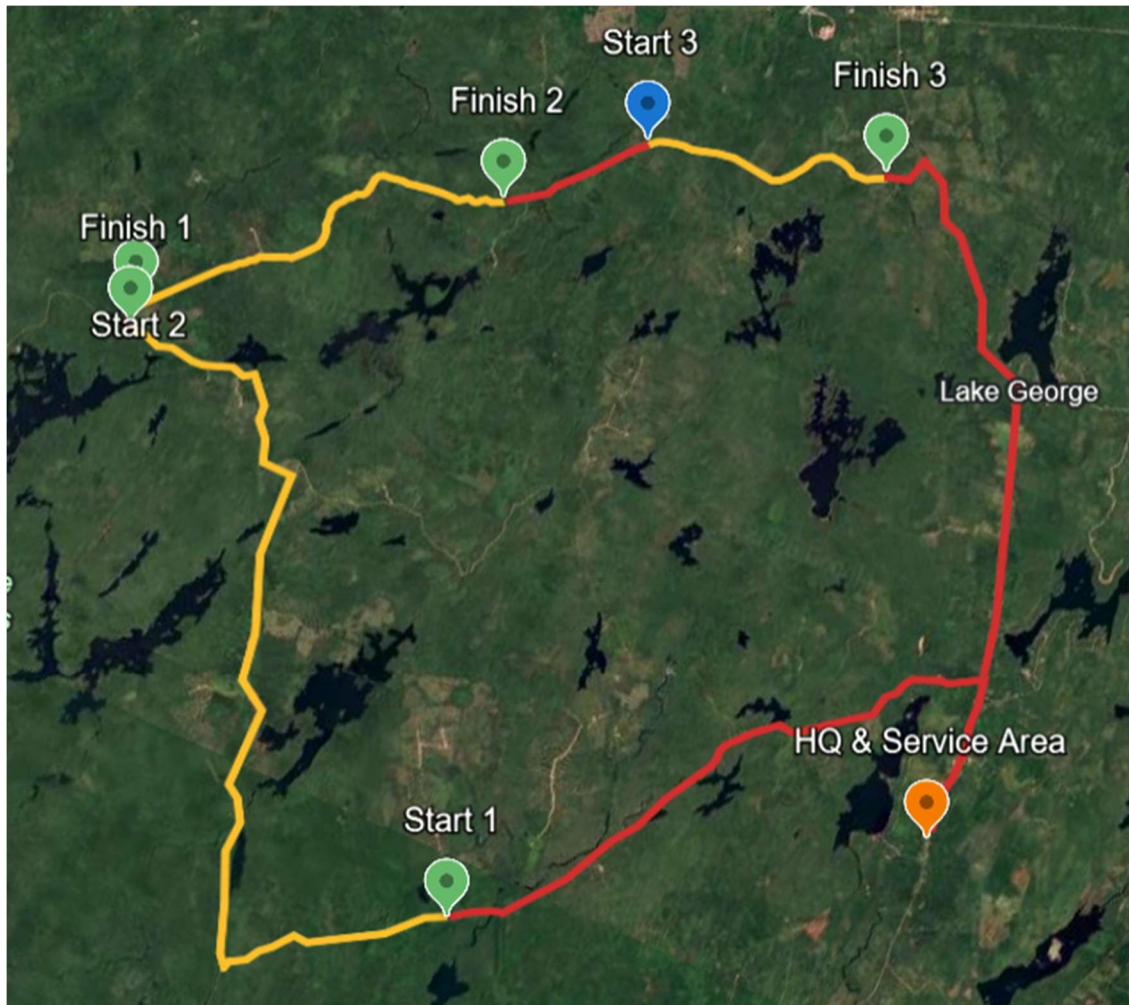
C-3 Procedure for serious incidents

- Mobile Emergency Service personnel will initiate the requirement for additional emergency responders (call to 911), and will inform HQ of the requirement via radio control.
- Rally Organizer or Clerk of the Course will delegate someone to meet the emergency responders and with a vehicle and a radio operator to lead them to the scene.
- Rally Organizer or Clerk of the Course will work with the Regional Rally Director and Communications Director on appropriate media messaging.

Trout Lake Regional Rally 2026

Part D Maps

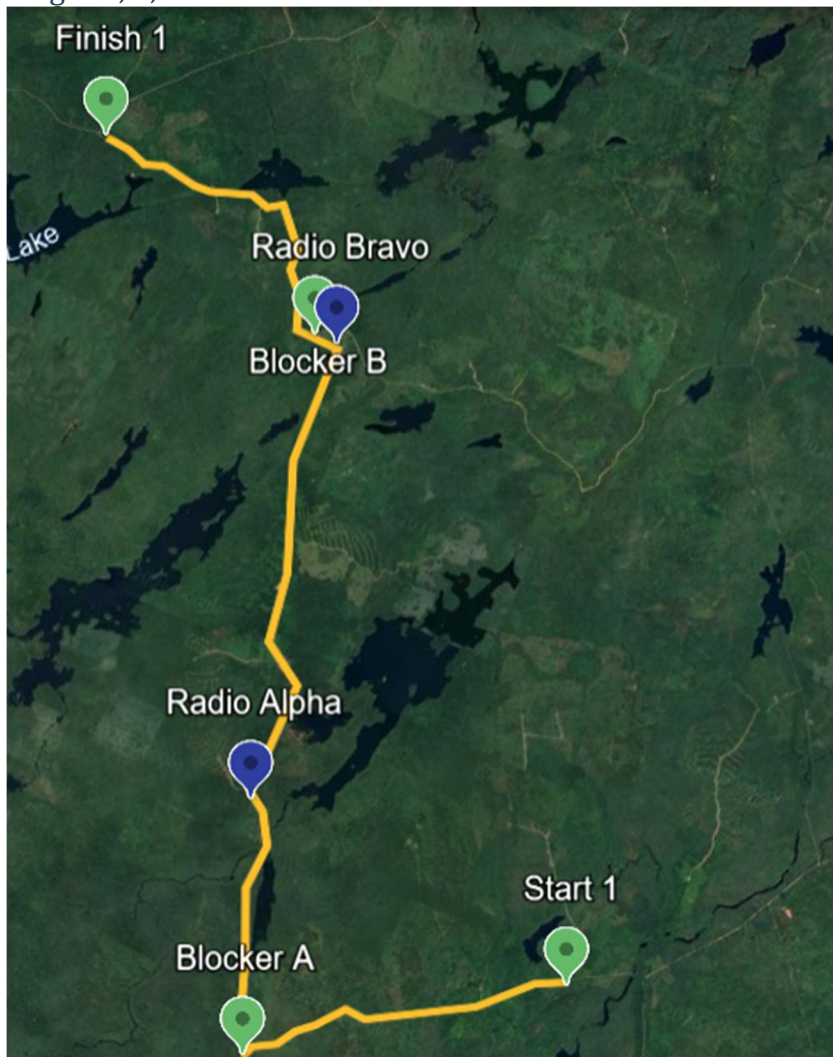
D-1 Trout Lake 2026



Trout Lake Regional Rally 2026

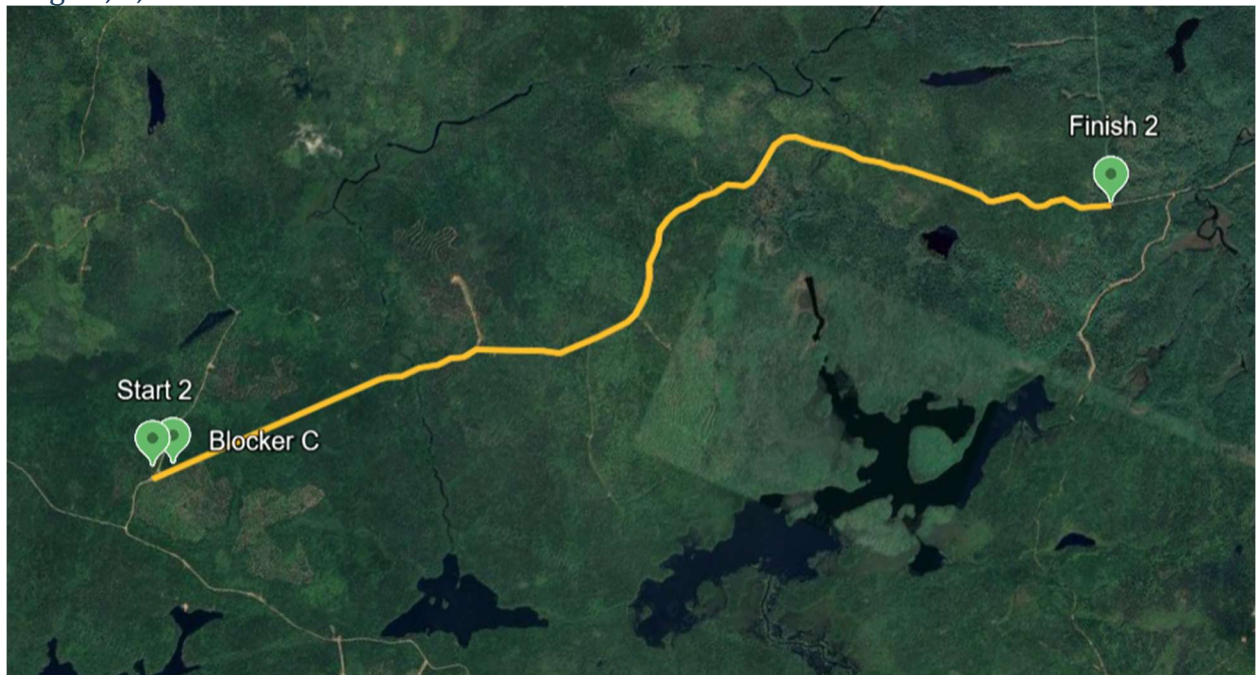
D-2 Stage Maps

Stages 1, 4, 7

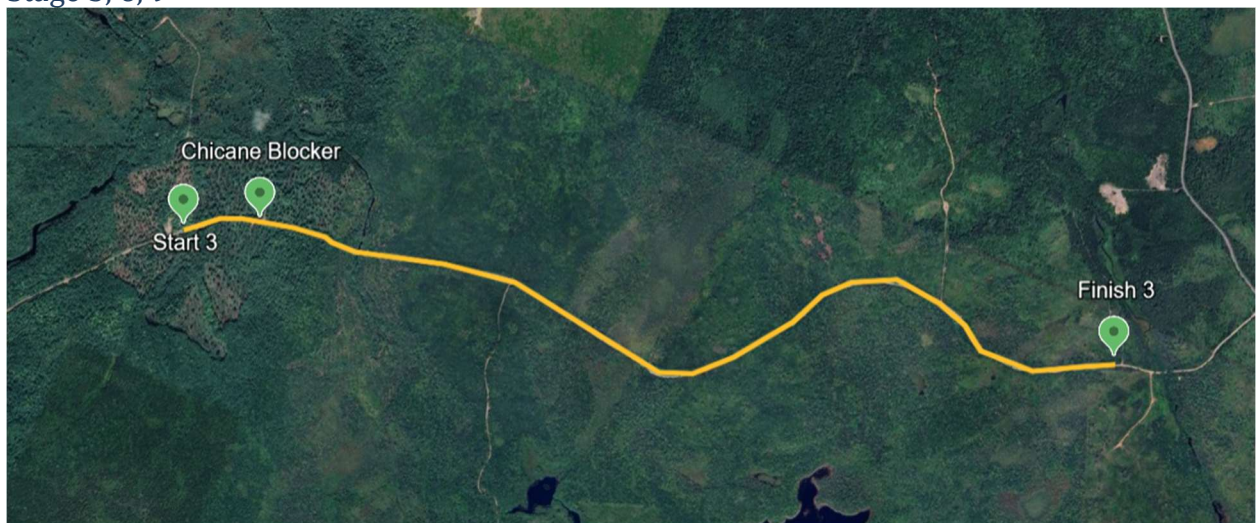


Trout Lake Regional Rally 2026

Stage 2, 5, 8

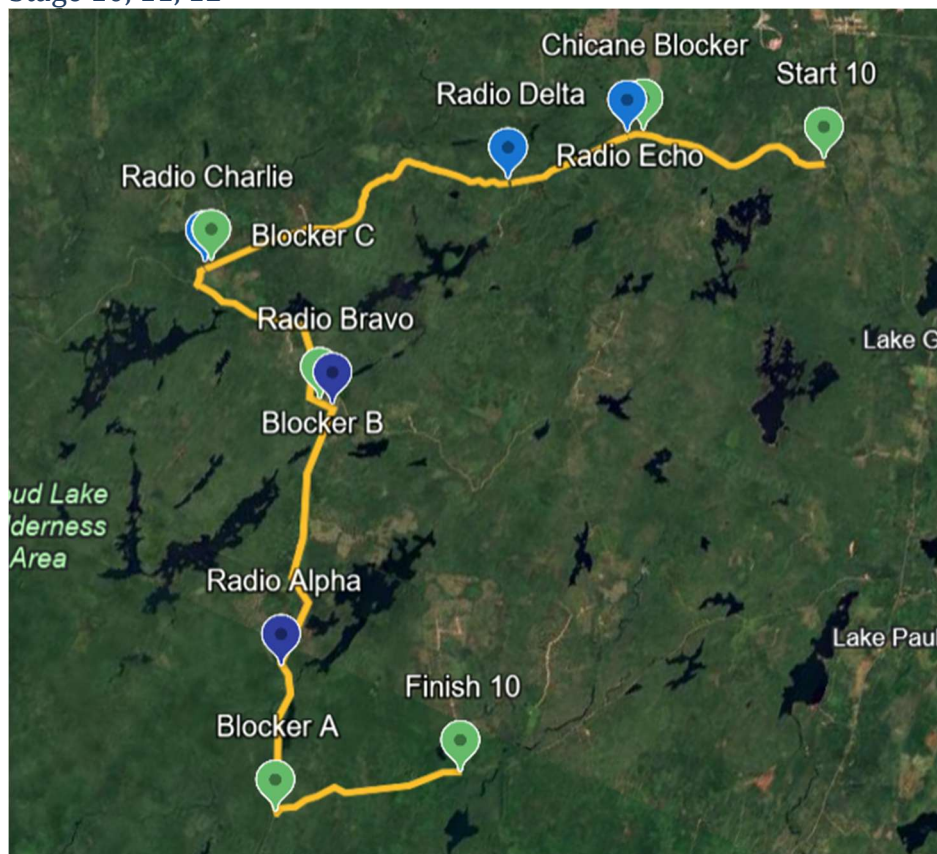


Stage 3, 6, 9



Trout Lake Regional Rally 2026

Stage 10, 11, 12



Part E Other Event Documentation

Service Area will be located at 3105 Aylesford Rd (Lake Paul Fire Department Substation) at 44 51 20 N 64 40 41 W. The competitor fueling area will be located at the service area, marked with cones and fire extinguishers present. Competitors are not permitted to refuel outside this area.

Headquarters will be located at 3083 Aylesford Road (Lake Paul & Lake George Community Centre) at 44 51 17 N 64 40 39 W. The official bulletin board will be located here, along with timing and scoring.

Part F Protocols

The entire safety package is to be supplied to the CARS Regional Rally Director, the stewards, official vehicles and members of the organizing committee including the Chief of Security (Safety Officer). At minimum, the Following parts of the safety plan should be given to the stage preparation crews and the Stage Captain and Assistant Stage Captain: Parts A, B, C, D-2 and E (if applicable).

Note: If some information is unavailable before submission deadlines, then that updated information will be forwarded to the CARS Regional Rally Director and stewards before the start of the event.